

Our Staff is Here to Help You

Minister..... Every Participant in the Life of the Church
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Single Women’s Lunch – TODAY! - will be at Margareta’s in the 9 Mall Plaza, 1810 South Road. We will gather after the second service by North Door. All single women in the church are invited.

PUMC’s Church Charge Conference is scheduled for Sunday, October 18. All church members are welcome and have voting privileges. There will be an election of Trustees for the class of 2018. The Contemporary and Traditional services will be combined, starting with praise music at 9:30, and a traditional service at 10. District Superintendent, Rev. Betsy Ott will preach. The charge conference will follow.

Reminder, the deadline for submitting announcements for the bulletin is Tuesday afternoon. Any announcements after that will only be added if they fit. Announcements will be printed for in-house groups no more than 3 weeks, and for outside groups 2 weeks. Announcements for upcoming events 3-4 weeks in the future should be sent to Joseph Norman for the Journey. Fliers for upcoming events for outside groups should be delivered to the office prior to posting for Pastor’s approval. Fliers for outside functions will not be posted on the entrance doors.

Welcome to Poughkeepsie United Methodist Church. We are delighted to have you worship with us today! Please join us in Fellowship Hall after worship for coffee. If you are new to us feel free to take one of the brochures in the pews and see other information that is available on the literature racks in the sanctuary entrance of the church and across from Fellowship Hall.

We want to be your family of faith. We hope that you feel at home in our church family, and we encourage those interested in membership to mark the Attendance Sheets “Wish to Join.” If you wish to learn more about our congregation, please write “more info.”

Please sign the Attendance Sheet found on the inside of the center aisle pews each Sunday, and pass it to your neighbor.

Would you like to be part of a small group of spiritual seekers with whom you can share questions of faith? We would like to offer the program, Companions in Christ at PUMC this year. See Chris Garrett or Steve Allen at coffee hour for more information.

Wesley Circle will meet Wednesday, September 23 at 1 pm in Room 24. Our speaker will be Pastor Peggy and this is an invitation to all church women to come and spend time in conversation with our new pastor. A business meeting and refreshments will follow.

Service of Welcome! Next week we will have a special time in our service to welcome Pastor Peggy to PUMC. Please come and join us!

Pastor Marty Farewell - Pastor Marty, our Pastor of Visitation, is retiring after more than 12 years of faithful service at PUMC. There will be a special time in our services on October 11th to acknowledge her wonderful ministry. We are collecting a donation to the Southern Poverty Law Center (SPLC), an organization that dedicated to fighting hate and bigotry and to seeking justice for the most vulnerable members of our society and one that Pastor Marty has long supported. Please help us honor her ministry by contributing to SPLC and joining us on October 11th during service and afterwards for cake and fellowship!

You are cordially invited to attend the wedding of Yvette DeGracia and Nicholas Eagan, son of Sharon and Gerry Eagan, on Friday, September 25, at 2 pm in the Sanctuary.

Upcoming Youth Events

Sun	Sept 20	6pm-8pm	Youth Fellowship Sr. High retreat applications due
Wed	Sept 23	7am-7:30am	See You at The Pole at individual schools
Sun	Sept 27	12:30pm-2pm	Apple Picking Jr. High retreat applications due
Fri-Sun	Oct 2-4	7pm-10am	Sr. High Retreat - Bowdoin Park
Sun	Oct 4	6pm-8pm	Youth Fellowship - Jr. High

College Students - We would like to stay in touch with our college students throughout the year to support them and would like to start in September. Please let John Marrine (471-6492) or the church office (452-2933) know of your child's college address and we'll make sure to include them in future mailings.

New Young Adult Group - We have started a Young Adult Group for graduating seniors, college students both in and out of town, and anyone else 18-29 who is interested. The group is meeting each Friday 7pm-9pm but due to events, days/times may fluctuate so please contact Bridget Marrine ([845-380-4350](tel:845-380-4350)) for information/questions so you can get on the distribution and stay informed.

Our Bereavement Support Group will resume meeting on the first Sunday of each month, right after the second service in Room 11, downstairs in the Counseling Center. Upcoming dates: October 4 - Moving with Grief; November 1 - Coping with the Holidays; December 6 - Supporting Others On the Journey. We share in an atmosphere of prayer, trust and complete confidentiality. We respect each one's time and the formal session will end after one hour, although some of the group may wish to continue the discussion.
Pat Kelly MA, CT, GC-C

Joyful Ringers begins on Tuesday, September 22nd at 6:30 pm in the Choir Room. Come Ring with Us!

Sunday Morning Adult Studies:

Returning to the theme of "Life Lessons" from the Bible we will focus on the Gospel of John. Will journey through Life Lessons with Max Lucado – The Gospel of John, which includes twelve lessons filled with intriguing questions, inspirational storytelling, profound reflections, and space for journaling. Max Lucado is the author of multiple best-selling books of the Christian faith. Contact Bob or Anne Ciraulo at 845-462-5582 or bobeepbeep@hotmail.com. Room 32

"God's Power to Change Your Life," by Rick Warren- "We all have areas in our lives we'd like to change...and it's not as if we haven't tried. Through the truth of God's Word and the power of his Spirit, your life can change for the better in ways you never thought possible. Rick Warren lays the groundwork of personal transformation, then offers biblical insight and simple steps for ten areas of growth that can take you from where you are to where you want to be."(Christianbook.com) Join Frank Kolarik-Room 35

"Seeing Grey in a World of Black and White," by Adam Hamilton "Everyone agrees that America is polarized, with ever-hardening positions held by people less and less willing to listen to one another." Adam Hamilton discusses "how thinking persons of faith can model for the rest of the country a richer, more thoughtful conversation on the political, moral, and religious issues that divide us." This is a five-week video series. Each video is 15-20 minutes followed with discussion. Feel free to come to as many sessions as you can, but these discussions can stand alone, so come even if you can't make them all! We hope to have a variety of political perspectives present. Jenny Arden. Room 24

There is a women's book club which meets the first Sunday of each month in the church lounge. We will resume meeting October 4, at 6 pm. Our selected book is "Ghostbread" by Sonja Livingston. This is a true story written by Sonja who "was one of seven children brought up in poverty by a single mother"...in western New York..."what it means to hunger and showing that poverty can strengthen the spirit just as surely as it can grind it down". Newcomers welcome.

Save the Date - The 7th Annual Mid-Hudson Love INC. **SCRABBLE TOURNAMENT** will be held on Thursday, October 8, 6:30-9:30 pm at the Hellenic Community Club, 54 Park Ave, Poughkeepsie. Please see the informational poster on the Mission/Outreach bulletin board by the rest rooms or contact Patricia Owen, church liaison at 473-3142, powen789@aol.com.

Opportunities for You This Week

SUNDAY, September 20, 2015

8:30 am Contemporary Service
 9:30 Fellowship Time
 9:45 Sunday School 3 yrs – 12th grade & Adult Studies
 10:45 Traditional Service
 Sunday School – 3 years – 6th Grade
 12:00 pm Healing Prayer Meeting
 11:45 Fellowship Time
 2:00 Parkside Alcoholics Anonymous
 6:00 Youth Fellowship

MONDAY, September 21, 2015

7:00 pm Program Council
 Gamblers Anonymous

TUESDAY, September 22, 2015

9:00 am Men's Bible Study
 10:00 Strength and Balance
 5:30 pm Primary Purpose Alcoholics Anonymous
 6:30 Joyful Ringers
 7:00 Administrative Board

WEDNESDAY, September 23, 2015

7:30 am Prayers and Communion
 1:00 pm Wesley Circle
 7:00 Voices in Praise

THURSDAY, September 24, 2015

10:00 am Strength and Balance
 11:00 Pastor's Bible Study
 3:00 pm Collate Bulletins
 5:00 Eagan/DeGracia Rehearsal
 5:30 Primary Purpose Alcoholics Anonymous
 7:00 Chancel Choir
 Gamblers Anonymous

FRIDAY, September 25, 2015

8:30 am Collate Journey
 2:00 pm Eagan/DeGracia Wedding
 7:00 Young Adult Group./-QW
 Narcotics Anonymous

SATURDAY, September 26, 2015

8:30 am Men's Breakfast
 3:00 pm Homeless Shelter – Andujar-McNeil /Bailee Families

SUNDAY, September 27, 2015

8:30 am Contemporary Service
 9:30 Fellowship Time
 9:45 Sunday School – 3 years–12th grade and Adult Studies
 10:45 Traditional Service
 Sunday School – 3 years – 6th Grade
 11:45 Fellowship Time
 12:00 pm Youth Apple Picking
 2:00 Parkside Alcoholics Anonymous

Women of the Word-is offering a 6 week book study, starting Saturday, September 26 at 9 am, (till 10:30am) we will be reading the book *Simply Tuesday* by Emily P. Freeman.

Is your soul being held hostage by hustle? If you've grown weary of *do more* and *dream bigger*, small-moment living is just what you need. Real life happens in the small moments we find on the most ordinary day of the week. Tuesday holds secrets we can't see in a hurry--secrets not just for our schedules but for our soul. Learn how to: embrace today's work, find contentment in the now, replace competition with connection and learn to breathe in a breathless world.

There will be a sign up table in Fellowship Hall starting today or you can contact Patricia Owen at 473-3142 or powen789@aol.com.

Cost of the book is about \$10.00.