

## **Some Helpful Resources in the Community**

### **Dutchess County Office for the Aging**

Open Monday – Friday, 9AM – 5 PM

27 High St., Poughkeepsie NY 12601; 845-486-2555

<http://www.co.dutchess.ny.us/countygov/departments/aging/agindex.htm>

### **Hudson Valley Alzheimer’s Association**

2 Jefferson Plaza, Suite 103, Poughkeepsie, NY 12601; Help Line – 1-800-272-3900

<http://www.alz.org/hudsonvalley/>

## **Home Care Services**

Listings of Licensed Home Care Services agencies as well as Certified Home Health Agencies serving Dutchess County can be found on the Office of the Aging website listed above.

## **Community Action Partnership of Dutchess County**

Offers a variety of services through their retired & senior Volunteer Program, RSVP.

77 Cannon St, Poughkeepsie, NY 12601; 845- 452-5104

<http://www.dutchesscap.org/>